

## Thrive Homeschool Program, Session 5, 2018-2019, 4/1-5/23 (no class 4/15-4/26)

| Class Title                                                                        | Grades   | Instructor                                              | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Notes                                                                                                                                                                                | How likely will class repeat? |
|------------------------------------------------------------------------------------|----------|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| <b>Main Blocks (daily 11am to 3pm)</b>                                             |          |                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                      |                               |
| <b>Self-Directed</b>                                                               | Tk- 6th  | Kristina Howe, Sarah Stroup, Papa Z and Emmeline Hawley | Our most popular program offering a variety of academic activities where students lead the way in what they want to do and learn each day. This group of liberated learners are provided an inviting environment full of inspiring supplies. With a low instructor to student ratio we can foster a love of learning and help student's work on the projects and activities they are excited and passionate about.                                                                                                                                                                                                                                                                  | Available Tuesdays, Wednesdays and Thursdays 11 to 3. Choose 1, 2 or 3 days. Different projects and activities each day.                                                             | Very Likely                   |
| <b>Self-Directed Middle Schoolers</b>                                              | 5th- 9th | Kristina Howe                                           | Especially for our older Self-Directed learners this program offers support in planning and researching the projects and information you are interested in. Offering a variety of academic activities where students lead the way in what they want to do and learn each day. This group of liberated learners are provided an inviting environment full of inspiring supplies. With a low instructor to student ratio we can foster a love of learning and help student's work on the projects and activities they are excited and passionate about.                                                                                                                               | Available Tuesdays, Wednesdays and Thursdays 11 to 3. Choose 1, 2 or 3 days. Different projects and activities each day.                                                             | Very Likely                   |
| <b>Nature Immersion</b>                                                            | 1st- 6th | Cricket and Robert                                      | Spend your day in the park with naturalists and learn about animals, plants and the environment through fun games and activities. Meet Thrive's animal friends up close and work on fun, hands on science projects.                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Available Tuesdays and Thursdays 11 to 3. Choose one or both days. Different projects and activities each day.                                                                       | Very Likely                   |
| <b>Hands on STEAM</b>                                                              | 2nd- 5th | Cricket and Kristy Lively                               | Science, Technology, Engineering, Art and Math (STEAM) come together in this hands on, class for students grades 2nd-5th. Students will work on projects and challenges to solve problems, and will be empowered to have fun while learning. Taught by popular instructor Cricket and our new leader Kristy Lively, this program is sure to be awesome!                                                                                                                                                                                                                                                                                                                             | Available Mondays and Wednesdays 11 to 3. Student may choose both days or just one. Different projects and activities each day.                                                      | Very Likely                   |
| <b>Wee Thrive</b>                                                                  | Tk-1st   | Katie Forman                                            | Wee Thrive is designed especially for our youngest Thrivers, 4.9 to 8 years, looking for a teacher led environment. Wee Thrive takes inspiration from Waldorf and Montessori teachings with an emphasis on songs, stories, crafts, socialization and early elementary basics.                                                                                                                                                                                                                                                                                                                                                                                                       | Available Mondays, Tuesdays, Wednesdays and Thursdays 11 to 3. Choose 1, 2 or 3 days. Different projects and activities each day.                                                    | Very Likely                   |
| <b>Project Based Learning **NEW Theme- Mars Rover**</b>                            | 5th- 9th | Theresa Baker-Beale (Ms. B)                             | Students will apply math principles to determine the path and time for the Mars Rover to perform tasks on the surface of Mars. They will then apply these principles to complete an obstacle course with a creation of their own.                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Offered T,Th 11 to 3. Students are asked to attend both Tuesdays and Thursdays because projects and activities cross over between the days and create a more consistent environment. | Very Likely                   |
| <b>Ecotopia **NEW Theme- Alphabet Soup: Reading, Writing, and Fun with Words**</b> | 1st- 8th | Susan and Stephen Tuchi of Ecotopia                     | This class is designed for young readers and writers at any level of development. Using the language experience approach, we'll have the children develop their skill through reading (or being read to) and writing (or dictating), with emphasis on their choice of topics, stories, and interests. We'll do a lot of storytelling and help get those stories into language that the writer can read. This approach is designed to work with children who are just mastering the alphabet and a few words to those who have mastered basic reading writing skills and are ready to move to the next level. And, oh, there will be lots of fun and games with words along the way. | Offered Mondays 11 to 3.                                                                                                                                                             | Very Likely                   |
| <b>Recess (daily 10:30 to 11am and 3 to 3:30pm)</b>                                |          |                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                      |                               |

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|------------------------------------------|---------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| Group Recess                             | TK- 9th | Various       | Supervised free play and socialization on the playground is a great way to round out their day at Thrive.                                                                                                                                                                                                                                                                                                                                                                                                                   | Recess does not count in Thrive level hours or have any additional costs. If you take a class or main block directly before or after you may choose the recess time.                                                                                                 | Very Likely |
| <b>Monday Mornings, 9:30 to 10:30am</b>  |         |               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                      |             |
| Fun with Math                            | 2nd-4th | Ms. B         | We use math every day but don't always realize it. Come and learn some cool life hacks to help make everyday math easier.                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                      | Unsure      |
| Puppet Making <b>**NEW**</b>             | Tk-3rd  | Cricket       | Thrivers enjoy making puppets and putting on skits for each other while working on reading, writing, collaboration, dramatic expression and teamwork skills.                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                      | Unsure      |
| Physical Game Fun <b>**NEW**</b>         | Tk-3rd  | Molly         | Join in on a class full of fun games that will keep your child laughing, running, and engaging in physical fitness. If you like to play games like duck duck goose, jump rope, red light green light, Simone says, and so on, then this is the class for you!                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                      | Unsure      |
| <b>Monday Afternoons, 3:30 to 4:30pm</b> |         |               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                      |             |
| Magical Science <b>**NEW**</b>           | Tk-3rd  | Katie         | Each class we will explore a new magical science experiment. The students will get hands on exploration and the opportunity to take home what they make!                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                      | Unsure      |
| Gatorball Games <b>**NEW**</b>           | 2nd-8th | Cricket       | Swamp Ball, Silent Ball, Dodge Ball, Kick Ball and so much more. Ms. Cricket and super soft Gatorballs make PE fun.                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                      | Unsure      |
| Creator Space                            | Tk-9th  | TBA           | Our Thrivers love engineering, designing, creating and building in the Create room. This Self Directed time allows students to work on the projects of their choice in a space filled with all the art supplies and loose parts they need to build to their heart's content.                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                      | Very likely |
| <b>Tuesday Mornings, 9:30 to 10:30am</b> |         |               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                      |             |
| Digital News                             | 4th-9th | Ms. B         | There is always something fun, amazing, and, inspiring going on at Thrive. Every week students will choose a subject they want to contribute to the online Thrive Student News clips. Students have the opportunity to video and photograph themselves and others to put together these fun news clips. This will be a completely student run creation with the instructor there to help with what they choose to present each week. The news clips will be available to view on the Current Thrive Families Facebook page. |                                                                                                                                                                                                                                                                      | Likely      |
| Basic Animation Part 2                   | 4th-8th | Kristy Lively | Explore the basics of animating. Learn and create animations to create storylines narrated by your very own avatar. This Co-Ed class is brought to you by Empower Me Art. This class is a 2 part class, but it is NOT required that student's took part 1. <b>New students are welcome who did not attend part 1.</b>                                                                                                                                                                                                       | <b>Class is 9:30 to 11am (1.5 hours) Students in this class will move directly to main block and will not have a recess. 1 Field Trip will be a part of this class and date will be announced by Instructor. Families must provide transportation to field trip.</b> | Likely      |
| Creator Space                            | Tk-9th  | TBA           | Our Thrivers love engineering, designing, creating and building in the Create room. This Self Directed time allows students to work on the projects of their choice in a space filled with all the art supplies and loose parts they need to build to their heart's content.                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                      | Very likely |
| Thrive Ninja Warrior <b>**NEW**</b>      | 2nd-8th | Cricket       | Test your agility and problem solving skills as you race through obstacle courses, climbing ropes, tunnels and more! Come join in and demonstrate your ninja moves as you race the clock and navigate through Thrive's obstacle courses.                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                      | Unsure      |

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| Martial Arts                                     | TK- 6th | Miss Miranda from Azad's Martial Arts Studio | Your child will enjoy an exciting and fun martial arts curriculum that teaches a wide variety of martial arts techniques and key life lessons that are important to child's safety and success. Azad's kids martial arts classes help children enter society with a confident and enthusiastic outlook. Your child will become a better learner in classes, a better listener at home and feel more ambitious towards his/her future goals regardless of their young age! | Students should wear clothes they are comfortable moving around in and should wear the belt they will be issued on their first day. | Very Likely |
| <b>Tuesday Afternoons, 3:30 to 4:30pm</b>        |         |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                     |             |
| Life Skills for the Real World<br><b>**NEW**</b> | 5th-8th | Ms. B                                        | Come and learn some of the essential skills you don't normally learn in school. We will be learning about budgeting, taxes, job applications, and interviews as well as other important life skills.                                                                                                                                                                                                                                                                      | Parents welcome to attend with their child at no additional cost                                                                    | Likely      |
| Bike Bidwell Park <b>**NEW**</b>                 | 1st-8th | Cricket                                      | Bring your bike & helmet and join our Naturalist, Cricket, as you bike through Bidwell Park and explore the blossoming Spring flowers, animals of the park, and fun biking trails. <b>Parents welcome to attend with their child at no additional cost. Students must provide their own bike, and helmet and should be comfortable and confident riding without assistance (Thrive has some helmets that can be borrowed per request)</b>                                 | <b>Class is 3:30 to 5pm (1.5 hours) Please plan for a 5pm pick up.</b>                                                              | Unsure      |
| Creator Space                                    | Tk-9th  | TBA                                          | Our Thriver's love engineering, designing, creating and building in the Create room. This Self Directed time allows students to work on the projects of their choice in a space filled with all the art supplies and loose parts they need to build to their heart's content.                                                                                                                                                                                             |                                                                                                                                     | Very likely |
| Video Production Part 2                          | 4th-8th | Kristy Lively                                | Learn the in and outs of producing a video or project for online platforms. INTRODUCTIONS TO STORYBOARDS, MOST COMMON EDITING APPLICATIONS / PRACTICES AND PROFESSIONAL SET AND CAMERA WORK. This Co-Ed class is brought to you by Empower Me Art. This is part 2 of a 2 part class. It is not required for students to have taken part 1 to take this course. <b>New students may join even if they didn't do part 1.</b>                                                | <b>Class is 3:30 to 5pm (1.5 hours) Please plan for a 5pm pick up.</b>                                                              | likely      |
| <b>Wednesday Mornings, 9:30 to 10:30am</b>       |         |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                     |             |
| Inspirational Art <b>**NEW**</b>                 | K-6th   | Katie                                        | Multi medium art exploration including inspiration from music and books. Each class we will dive into different art materials and create pieces of art while listening to music and drawing inspiration from the world around us.                                                                                                                                                                                                                                         |                                                                                                                                     | Unsure      |
| Origami <b>**NEW**</b>                           | 5th-8th | Ms. B                                        | Did you know that even engineers use origami? Come and learn more about real-world applications of origami as well as folding some cool things of your own.                                                                                                                                                                                                                                                                                                               |                                                                                                                                     | Unsure      |
| Spanish Stories & Songs                          | K-3rd   | Papa Z                                       | This bilingual class is a fun way to learn about Spanish speaking cultures through traditional and contemporary songs and children's stories. The children can play along with our musical toys as well.                                                                                                                                                                                                                                                                  |                                                                                                                                     | Likely      |
| Creator Space                                    | Tk-9th  | TBA                                          | Our Thriver's love engineering, designing, creating and building in the Create room. This Self Directed time allows students to work on the projects of their choice in a space filled with all the art supplies and loose parts they need to build to their heart's content.                                                                                                                                                                                             |                                                                                                                                     | Very likely |

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|-------------------------------------------------|--------------------------|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| <b>Martial Arts</b>                             | TK-6th                   | Miss Miranda from Azad's Martial Arts Studio | Your child will enjoy an exciting and fun martial arts curriculum that teaches a wide variety of martial arts techniques and key life lessons that are important to child's safety and success. Azad's kids martial arts classes help children enter society with a confident and enthusiastic outlook. Your child will become a better learner in classes, a better listener at home and feel more ambitious towards his/her future goals regardless of their young age!                                                                                                                                                                                                                | Students should wear clothes they are comfortable moving around in and should wear the belt they will be issued on their first day.                                                                                                 | Very Likely |
| <b>Wednesday Afternoons, 3:30 to 4:30pm</b>     |                          |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                     |             |
| <b>Papa Z's Games Club **NEW**</b>              | 2nd-9th                  | Papa Z                                       | Playing chess has become quite a thing at Thrive lately, and Papa Z has decided to make it official by offering this hour of matching wits with chess and checkers, rolling the dice with snakes and ladders, and other classic board games. It's a great way to hang out and get to know each other, while learning how to play with a good attitude.                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                     | Unsure      |
| <b>Empower Me Art</b>                           | 6th- 9th, Girls Only     | Kristy Lively of Empower Me Art              | She Designed The Life She Loves Program is designed to empower girls to be their own agents of change. To be confident, and to cultivate HER own root to power-ultimately transforming HER legacy and cultivating the community around HER. Through a series of 6 workshops, we will complete several hands-on projects, incorporating multi media and innovative mediums. Instructor will encourage and engage participants in honest conversations around broad topics including intimacy, sexuality, passion, pleasure, the female body, and duality to encourage healthy approaches and life-skills that support sex education, female sexuality, entrepreneurship and empowerment.  | <b>Sensitive Topics.</b> Please ask if you'd like more information before choosing this class. <b>Class is 3:30 to 5pm</b> so students will have a little extra time in special class.                                              | Likely      |
| <b>Ceramics</b>                                 | 3rd-9th                  | Dianne Ferris                                | In this hands on, intro to ceramics class, we will focus on creativity and exploring the endless possibilities of clay. Children will have a chance to learn the basic methods of handbuilding—coiling, pinching, building with slabs, and sculpting—as well as working on projects such as making bowls, mugs, containers, and sculptural art pieces. Students will be guided step-by-step through all their projects, but there is always room for them to take control over their own art projects and tailor each according to their own creative vision. Students projects will be professionally kiln fired and then students will be able to paint and take their creations home! | No supply fee required. Donations toward the clay and kiln use welcomed.                                                                                                                                                            | Likely      |
| <b>Nerf Fun **NEW**</b>                         | 1st-3rd                  | Ms. B                                        | Come and have fun with Nerf. A great way to get in that PE time. We will be playing games that will help to build target and safety skills. This class is especially designed for younger students. There is a Nerf Boot Camp class for older students.                                                                                                                                                                                                                                                                                                                                                                                                                                  | Students are encouraged but not required to bring their own Nerf style toys. We have lots to share including darts. Nerf brought from home should be clearly labeled with a name and will be stored away for USE ONLY during class. | Unsure      |
| <b>Thursday Mornings, 9:30 to 10:30am</b>       |                          |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                     |             |
| <b>Reading is Fun</b>                           | Tk-3rd                   | Molly                                        | Come and join us for a morning story and craft time! Story time will consist of popular kids books read in a fun engaging circle time. Following story time, students will work on a make and take craft project and finish their hour with free story time.                                                                                                                                                                                                                                                                                                                                                                                                                             | No reading skills required for this course                                                                                                                                                                                          | Likely      |
| <b>Papa Z's Jammers Club</b>                    | Tk-9th (parents welcome) | Papa Z                                       | Children may bring an instrument from home with Papa Z facilitating a jam session. We'll bring everyone together and find our common beat. If you don't have an instrument, don't worry, we have some extras.                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Students may attend as a drop off class or invite their parents to join them. Parents are welcome at no additional cost. Students are encouraged but not required to bring a personal Instrument of choice.                         | Likely      |
| <b>Jewelry Making and Creator Space **NEW**</b> | Tk-9th                   | Cricket                                      | Come and craft your very own charm bracelets, necklaces, rings, and earrings in this fun, DIY style class! Time is also allowed for free creator space activities as desired.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                     | Unsure      |

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| <b>Martial Arts</b>                               | TK-6th                                     | Miss Miranda from Azad's Martial Arts Studio | Your child will enjoy an exciting and fun martial arts curriculum that teaches a wide variety of martial arts techniques and key life lessons that are important to child's safety and success. Azad's kids martial arts classes help children enter society with a confident and enthusiastic outlook. Your child will become a better learner in classes, a better listener at home and feel more ambitious towards his/her future goals regardless of their young age!                                                                                                         | Students should wear clothes they are comfortable moving around in and should wear the belt they will be issued on their first day.                                                                                                 | Very Likely |
| <b>Thursday Afternoons, 3:30-4:30</b>             |                                            |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                     |             |
| <b>Theatrical Reading Adventures!<br/>**NEW**</b> | 1st-4th                                    | Katie                                        | Get comfortable and listen to an exciting and fun story that follows the adventures of a 9 year old and her little brother! Each week I will read aloud while the students get comfortable and live into the story through their imagination! We will have a fun and new activity relating to what we read each week!                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                     | Unsure      |
| <b>Creator Space</b>                              | Tk-9th                                     | TBA                                          | Our Thriver's love engineering, designing, creating and building in the Create room. This Self Directed time allows students to work on the projects of their choice in a space filled with all the art supplies and loose parts they need to build to their heart's content.                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                     | Very Likely |
| <b>Nerf Bootcamp</b>                              | 4th-9th                                    | Ms. B                                        | We will train hard with physical fitness and shooting proficiency, then battle it out with safe, soft Nerf fun! This class is designed for older students. There is a Nerf is Fun class for youngsters on Wednesday afternoons.                                                                                                                                                                                                                                                                                                                                                   | Students are encouraged but not required to bring their own Nerf style toys. We have lots to share including darts. Nerf brought from home should be clearly labeled with a name and will be stored away for USE ONLY during class. | Unsure      |
| <b>Girls Love Science</b>                         | K-8th                                      | Cricket                                      | Do you love science? Do you want to learn more about this fun subject in an inclusive and interactive environment? Join Cricket for some hands on science fun!                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                     | Unsure      |
| <b>Thursday Late Afternoons, 3:30 to 5:30pm</b>   |                                            |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                     |             |
| <b>Thrive Hive/ Self-Directed Older Grades</b>    | ages 13 to 18 (some mature 12.5 year olds) | Kristina Howe                                | Guiding teens to find the life path that is right for them. Though peer group Socratic discussions and debates and one on one instructor meetings students explore who they are, who they want to be and what they want to learn. Students are guided through goal setting activities with leaders who will help them to set and reach the goals they choose for their own education. Instructors help students get connected to group activities, course work, online learning, books, mentor-ships, and other learning options to fit the path they are interested in pursuing. | <b>Sometimes Sensative and Political topics are discussed.</b> Please let us know if you have any questions or concerns.                                                                                                            | Likely      |